



## Training and Events Lunchtime Seminars May 2020

## Time: 12 – 1pm

**Location: TEAMS** 

Weekly lunchtime seminars on a variety of useful topics for PhD students and early career scientists. Talk topics subject to change. Confirmation of talk topic will be sent out via email.

6<sup>th</sup> May - Breaking Barriers: How to inspire by Laura Kent

We will talk about how to make your work accessible for everyone from toddlers to your grandparents, and even your pets, and why it is so important to inspire. We will explore new ways of presenting your work and discuss the many opportunities there

are to get involved with science communication.

## <u>13<sup>th</sup> May – Mental Health First Aid: Staying healthy, where to access help</u> and personal support by Thomas Byrne

A mental health first aider's role is to promote mentally healthy activities, sign-post support services & support individuals when they need help or are waiting for specialist support. This talk will focus on these three areas , encouraging you to prioritise a mentally healthy approach to your own life.

**20<sup>th</sup> May – The Importance of Volunteering for PhD Students by Lewis Hill** Advice and discussion on the importance of volunteering and outreach during your PhD. Lewis' talk will also include his own volunteering experiences, such as his involvement as a PGI ambassador.

## 27<sup>th</sup> May - Advanced Manufacturing: Making a difference during the Covid-19 pandemic by Mason Rowbottom

This talk will be a brief introduction into additive manufacturing (3D Printing) and how it is currently being used within a global pandemic. Mason will touch on the current devices that are being produced and what are the advantages to using this technology in order to produce these devices.