



PostGraduate Institute  
for measurement science



# Training and Events

## April 2020

### FREE E-learning courses available now!

**Introduction to Metrology** – Introduction to the role of metrology and its worldwide relevance

**Introduction to Measurement Uncertainty** -Understanding standard deviation, standard uncertainty and expanded uncertainty

**Registration:** Contact [pgi@npl.co.uk](mailto:pgi@npl.co.uk) for more information and registration

### Useful academic software and courses

<https://www.w3schools.com/> html and other web interface tutorials including JavaScript

<https://www.codecademy.com/> Free coding courses (with a paid premium option)

<http://www.sepnet.ac.uk/sepnet-graduate-network/student-led-on-line-learning-modules-e-learning-from-peers/> Courses made by other students

<https://www.edx.org/> Recorded lecture series on technical topics from some of the top universities

<https://alison.com/> Free online courses (with a paid premium option) in technical subjects as well as business and languages

<https://www.skillshare.com/> Online courses made by experts in the topic, a monthly subscription gives access to every course on there

<https://www.udemy.com/> Pay for the course you want and have access forever – no monthly payment.

### Scientific Writing Workshop (Video recording)

This workshop will cover the following aspects of writing scientific papers

- Why writing technical papers is important to NPL and to the writer personally
- The mechanics and structure of the writing process
- The crucial importance of identifying the research question
- Hints on planning and authorship
- Formal aspects – Approval and submission, responding to Reviewers

**Registration:** Contact [pgi@npl.co.uk](mailto:pgi@npl.co.uk) for access



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### Getting the most out of conferences (Video Recording)

This course will show you how to make the most out of such opportunities by raising your profile and confidence in attending big events. In this half day workshop, our trainer will equip you with the skills needed to engage effectively with speakers and delegates alike. Tips on asking questions, how to get noticed and prepare that all important elevator pitch, Andy help you overcome fears of public speaking and present yourself effectively.

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### These 12 Famous Museums Offer Virtual Tours You Can Take on Your Couch

Experience the best museums from London to Seoul in the comfort of your own home

<https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours>

### Working from home

#### How to keep safe, healthy and productive

#### Top tips on how to keep the work/ life balance at home

- Maintain regular hours - set a schedule, and stick to it
- Dedicated office space - working at your laptop safely
- Keep normal morning and end of day routines
- Schedule breaks throughout the day
- Leave home – our bodies need to move
- Healthy diet – give your body the nutrition it needs
- Contact your supervisor if you become ill or too unwell to work
- Keep in regular contact with you team at your University or at NPL and stay in touch with fellow students and colleagues

